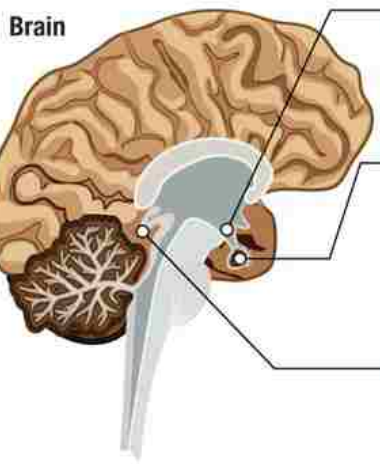


Human Body: Endocrine System

The endocrine system contains 9 major glands and organs that produce, store, and secrete hormones.



1 Hypothalamus

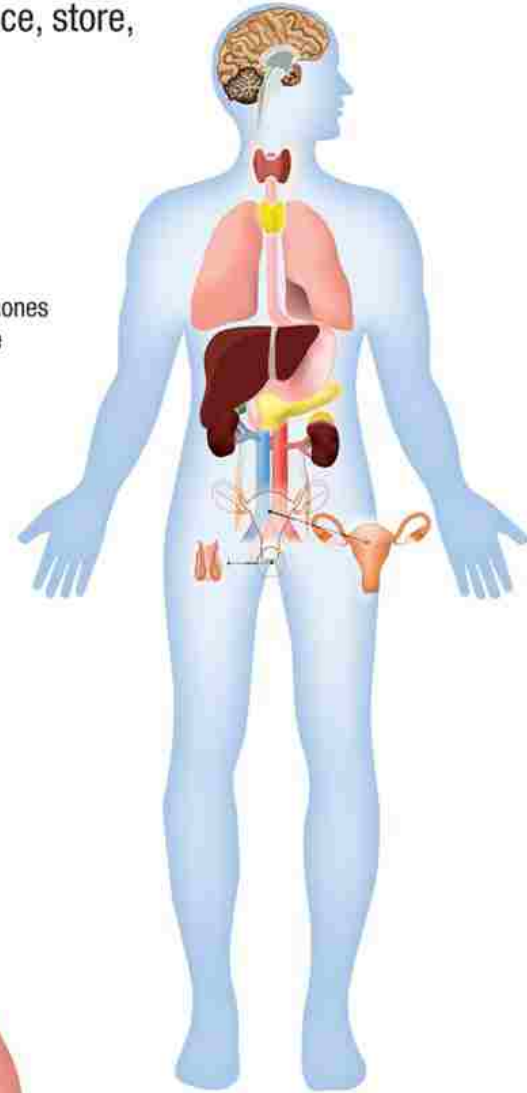
Maintains the body's homeostasis and regulates body temperature, heart rate, and blood pressure.

2 Pituitary Gland

Composed of 2 lobes: the anterior, which secretes hormones involved in the body's growth and development, and the posterior, which secretes hormones that increase the reabsorption of water into the kidneys.

3 Pineal Gland

Responsible for the production of melatonin, which plays a major role in the body's sleep-wake cycle.



Thyroid

This butterfly-shaped gland produces 3 major hormones: calcitonin, triiodothyronine (T3), and thyroxine (T4). They help regulate the body's energy and metabolism.



Parathyroid

The parathyroid secretes hormones necessary for calcium absorption.

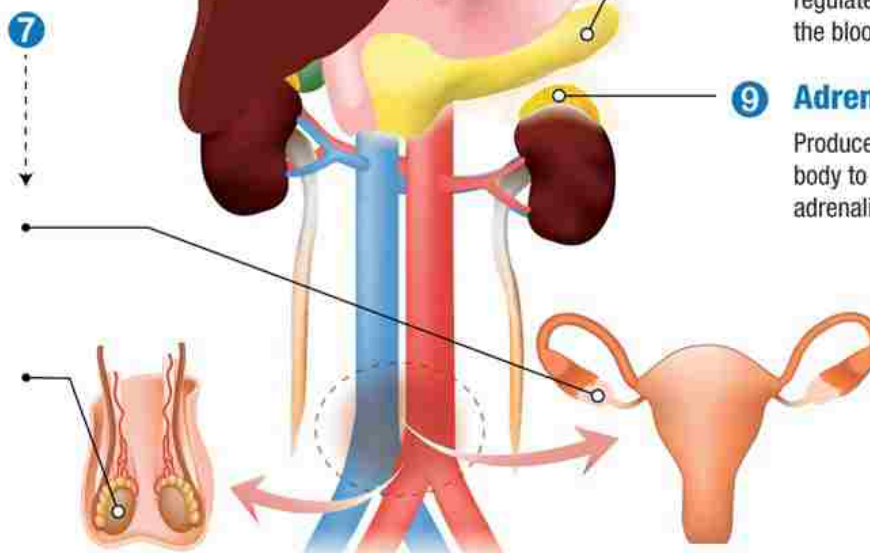
Thymus

The thymus controls production of T-cells (white blood cells) and plays a vital role in the body's ability to fight diseases.



Ovaries/Testes

The male and female reproductive organs release hormones responsible for blood circulation, mental vigor, and sex drive.



Ovary

Secretes estrogen and progesterone, which play a key role in the health of the female reproductive system.

Testis

Secretes testosterone, which is vital for physical development, bone density, and libido in males.

8 Pancreas

Aids in the digestion of proteins, fats, and carbohydrates. Responsible for the production of insulin and glucagon, which regulate the level of glucose in the blood.

9 Adrenal Gland

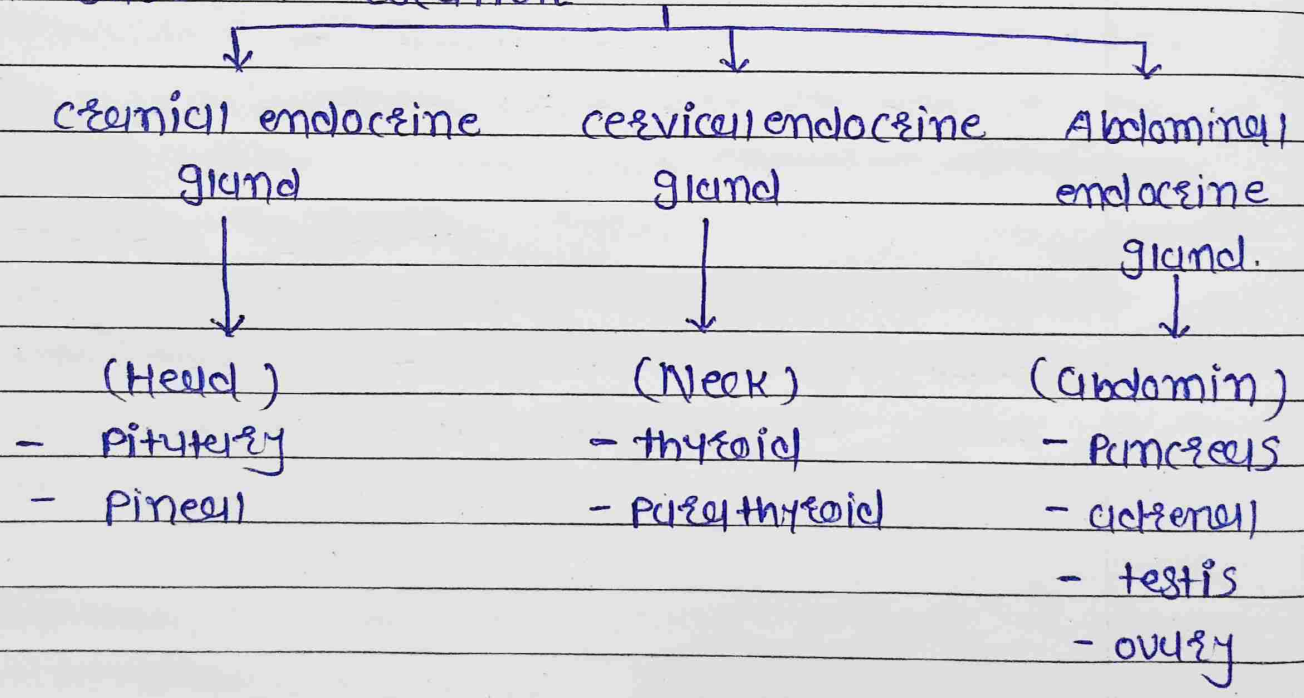
Produces hormones that allow the body to react to stress, such as adrenaline and cortisol.

Endocrinology

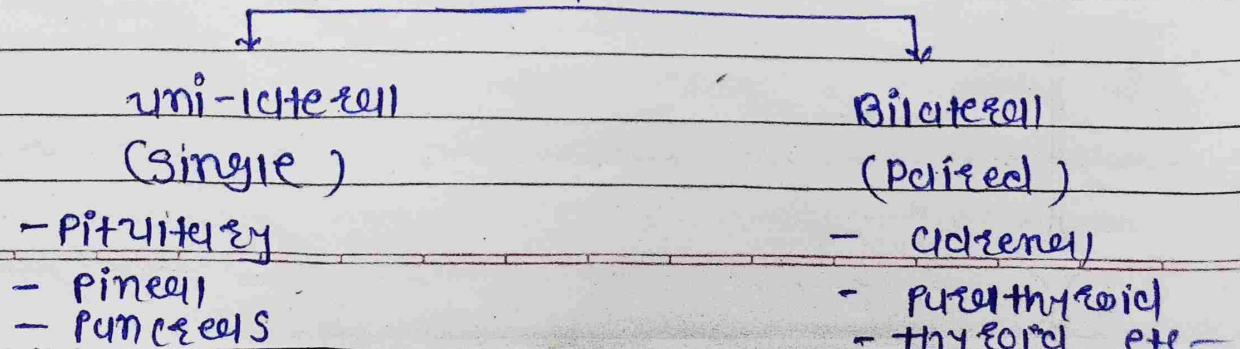
- This system is made up of isolated or clustered cells and ductless glands.
(अलग अलग अथवा समूह)
- They secrete hormones that regulate body metabolism, tissue function, growth & development, sexual function, reproduction, sleep, mood etc.

Classification

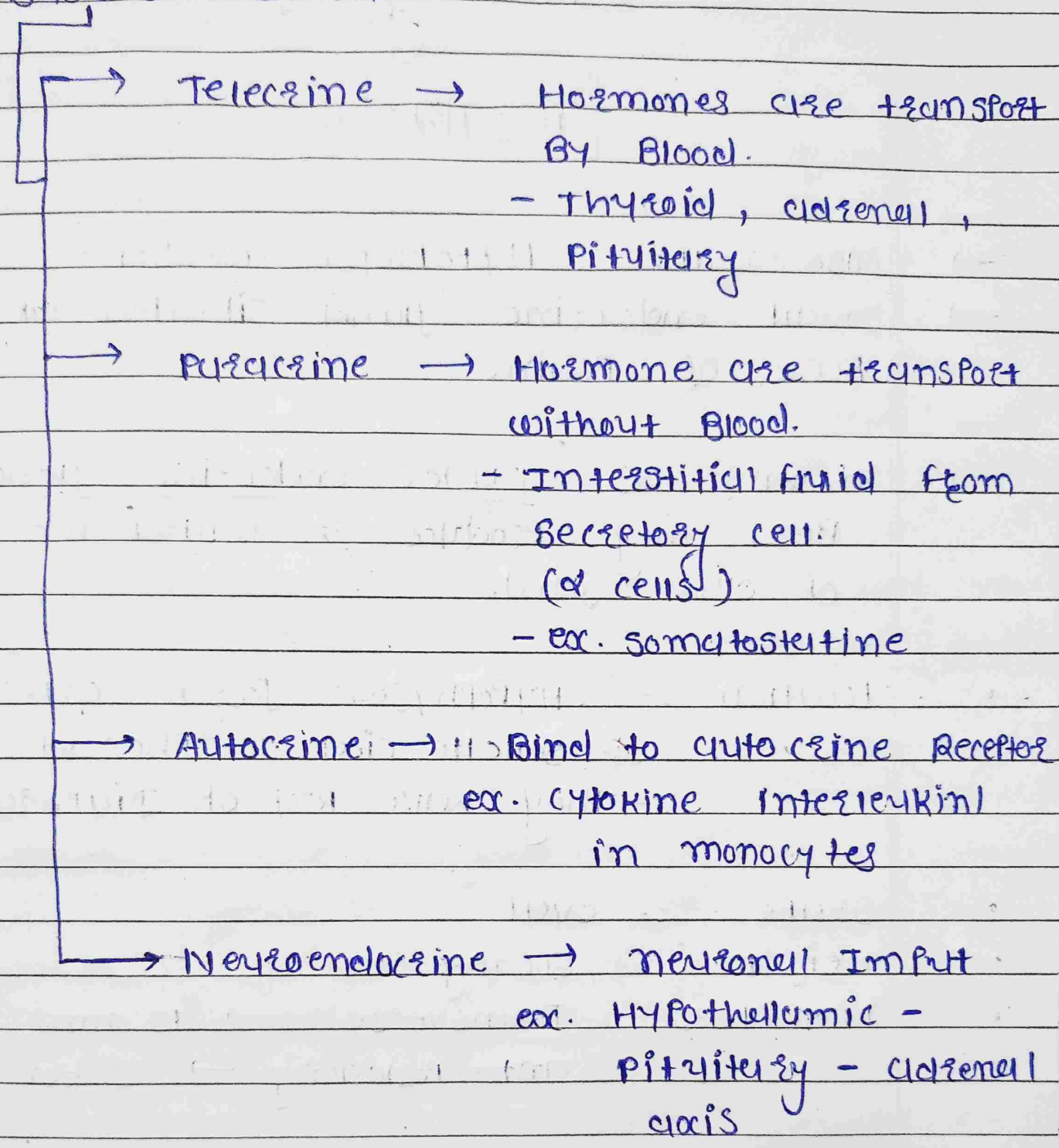
1) Base on Location



2) Base on Number



3) Base on Secretion



4) Base on embryological origin

Ectoderm	Mesoderm	Endoderm
- Pituitary	- adrenal cortex	- thyroid
- pineal	- testis	- parathyroid
	- ovary	- pancreas

All endocrine gland $\xrightarrow{\text{is}}$ Ductless gland

Date _____

Page _____

1) Pituitary gland -

[पियुषीक ग्रंथी]

→ Also called Hypophysis cerebri -

→ Small endocrine gland situated at the base of brain.

→ Known as Master endocrine gland bcz, they produce & control the secretion of other gland.

• Location :- Hypophysial fossa of sella turcica of sphenoid bone
:- They have roof of Diaphragm sellae.

• Shape :- oval

• weight :- 500mg

• Diameter :- Transverse \rightarrow 12 mm

Ant-Posteriorly \rightarrow 8 mm

• Relation :-

Superiorly \rightarrow - optic chiasm

- Infundibular recess of gland

- ventricle

Inferiorly \rightarrow Sphenoidal sinus, Hypophysial fossa.

each side \rightarrow cavernous sinus.

→ Sub division

- 1) AdenoHYPOPHYSIS
 - 2) NeuroHYPOPHYSIS
- } diff. from each other to - embryologically,
- Morphologically,
- Functionally

1) AdenoHYPOPHYSIS -

- develop as an upward growth
- consist of 3 parts:

- 1) Pars distalis (ant. lobe) - largest part
- 2) Pars Intermedia - from thin strip
- 3) Pars Tuberalis

↓
- Upward extension of the ant. lobe
- Surrounds & form Infundibulum
- Separated ant. lobe

2) NeuroHYPOPHYSIS -

- develop as downward growth
- they connected the Hypothalamus & Neural Pathway.
- consist of 3 parts

- 1) Pars Nervosa (Post. lobe)
- 2) Infundibulum - neural connection in (Pituitary stalk) b/w Post. lobe & Hypothalamus.

3) Median eminence - continuation of Infundibulum

Histology

1) cell of Ant. Post. - on Basis Routine staining Process
• Acidophilic → Somatotrophs - Produce GH/STH.
→ Lactotrophs - Produce Prolactin

→ Pits Intermittent → existence during fetal development
→ In adult - not exist.

→ Blood supply :- sup. & inf. Hypophyseal artery → Internal Carotid A.

→ Venous drainage :- Short vein → present on surface of gland → drain into venous sinus.

→ Nerve supply :- carotid plexus of sym. system

→ Lymphatic drainage :- (*) endocrine gland not lymphatic drainage.

→ Hormones produced → Vasopressin and oxytocin.

→ Histology (X)

~~1) cell of ant. Post. → on basic routine staining process~~
~~2) acidophilic cell →~~

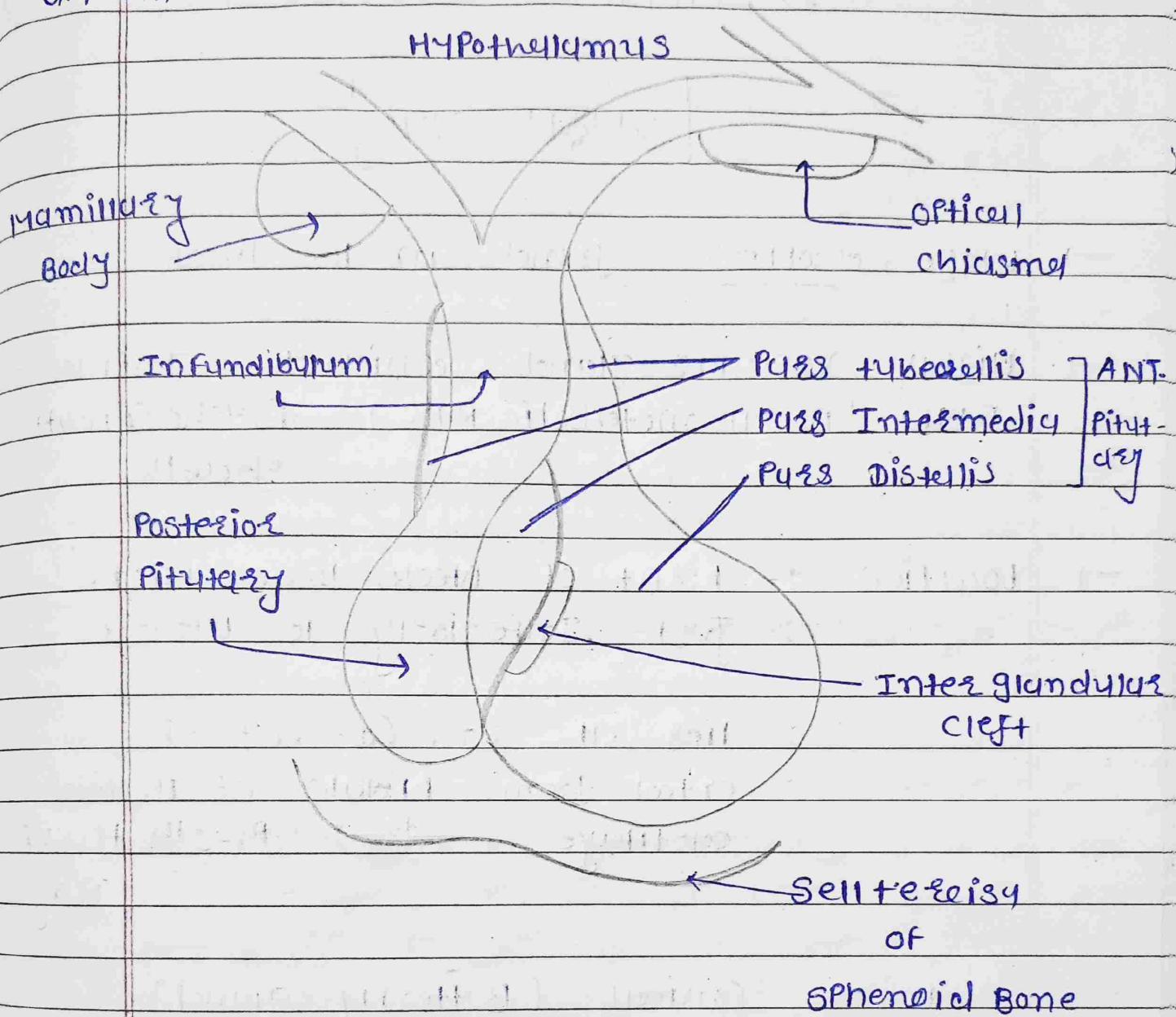
Handwritten mark

• Basophilic cell → TSH, FSH, LH

② cell of Post. Part
- specialized cell called - Pituitocytes
ADH / vasopressin
oxytocin

③ cell of ^{Date} _{Age} Puss Intermediary
MSH

HYPOTHALAMUS



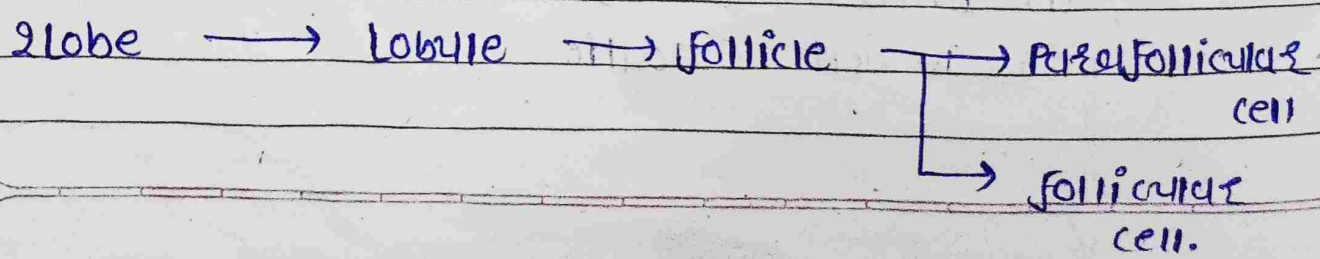
→ clinical craniotomy

- 1) gigantism → excess GH (child)
- 2) acromegaly → excess GH (adult)
- 3) Dwarfism → deficiency GH
- 4) Diabetes Insipidus
- 5) Renal calculi

2) Thyroid gland

[अक्षुब्ध अणु]

- large, ductless gland in the Neck.
- Highly vascular gland which the influence BMR (Basal metabolic Rate), Psychosomatic growth.
- Location :- Front of Neck lower part.
 - :- Just Inferiorly to Larynx.
 - :- lies at C5, C6, C7, T1
 - :- extend from middle of thyroid cartilage \rightarrow 4th-5th tracheal Ring
- Shape :- conical (Butterfly gland)
- weight :- 25 gm
- Measurement :- 5 x 2.5 x 2.5 cm (each lobes)
 - :- Thickness \rightarrow 1-2 cm
- appearance :- soft



History

- ① follicular cell - They influence M.R.
 - 2 Hormones secret - T_3, T_4
- ② Parafollicular cell - secrete - thyrocalcitonin
 - ↳ calc² ↓es. in body.

→

External Feature

- 2 lobes
- Both lobes are connected to Isthmus

→ Some time Fibro Muscular Band ori. levator glandulae thyroide extend from isthmus to Hyoid Bone

- Apex - upward
- Base - lies at 4th & 5th Tracheal Ring.
- Surface (3)
 - lateral
 - medial
 - Postero-lateral.
- Borders (2)
 - Anterior
 - Posterior

→

Relation

- anterior → Sterno thyroide
 - Sterno Hyoid
 - Sterno cleido mastoid Muscle
- Postero Medial → Trachea
 - Oesophagus
 - Isthmus

- Posterior → Cervical Sheath
 - lateral.
 - Common carotid artery.
 - Vagus Nerve

• Hormone secretion → TRH
• TSH
• T₄, T₃

Date _____
Page _____

• Posterior → Puff of parathyroid gland.

→ capsule

• True capsule → formed by peripheral connective tissue

• False capsule → derived by deep cervical fascia

→ forms suspensory ligament

↓
they connect lobe with cricoid cartilage

→ artery supply → sup. thyroid A. → ext. carotid A.

→ Inf. thyroid A. → subclavian A.

→ venous drainage →

sup. thyroid vein → drain into internal jugular

Inf. thyroid v. → drain into brachiocephalic v.

Middle thyroid v. → drain into internal jugular v.

→ Nerve supply → Symp. - cervical ganglia

Para symp. - vagus

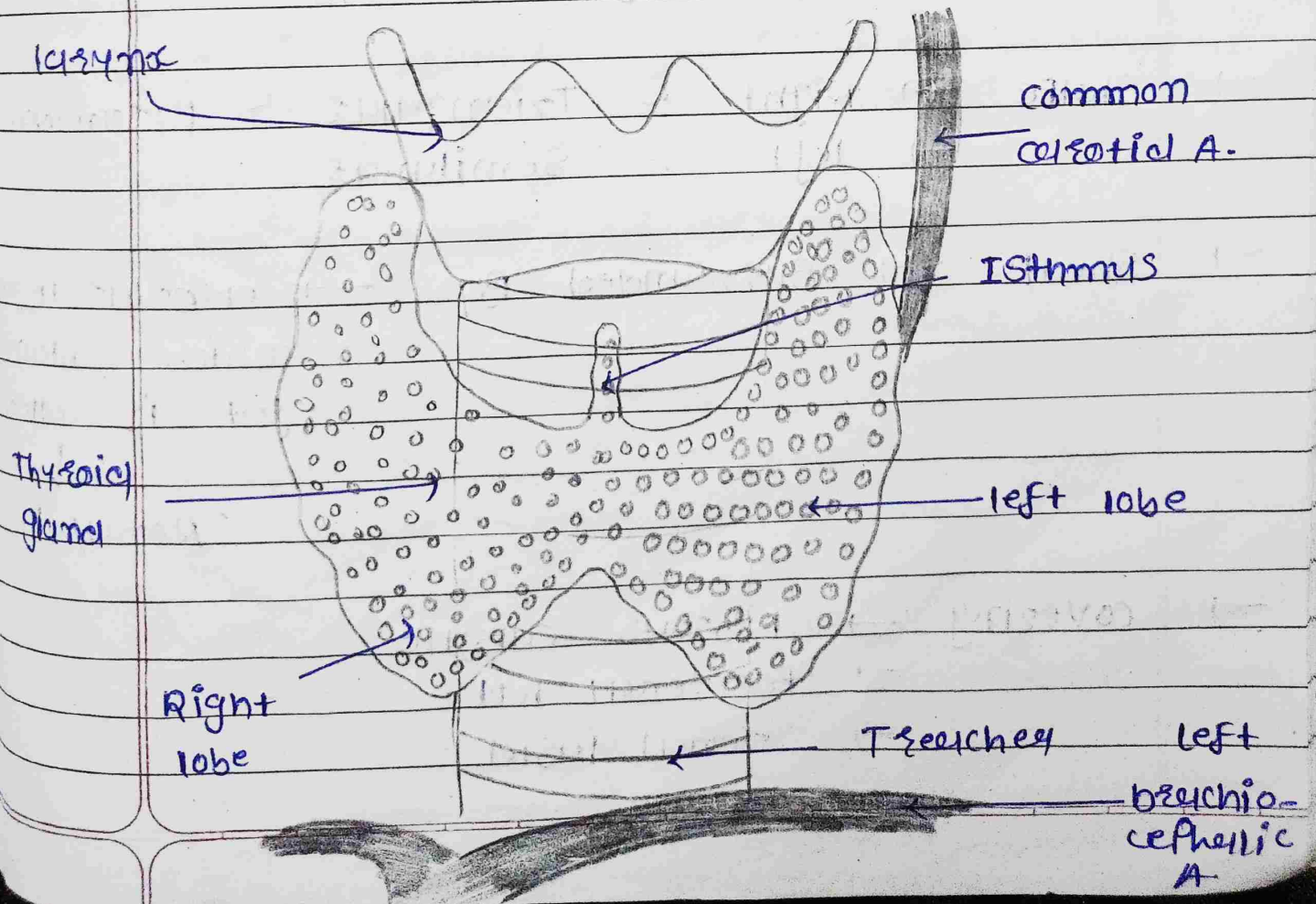
→ Lymph drain → Pre-laryngeal
Pre-tracheal
Para-tracheal
Deep cervical } Lymph nodes

→ Clinical significance

1) Goiter :- Enlarged thyroid gland
:- swelling in neck

2) Hypothyroidism → Does not produce sufficient thyroid hormone
→ cretinism

3) Hyperthyroidism → excessive thyroid hormone.



→ Relation

Right adrenal gland

left adrenal gland



Ant → liver, IVC

→ Stomach, Pancreas

Post → Diaphragm

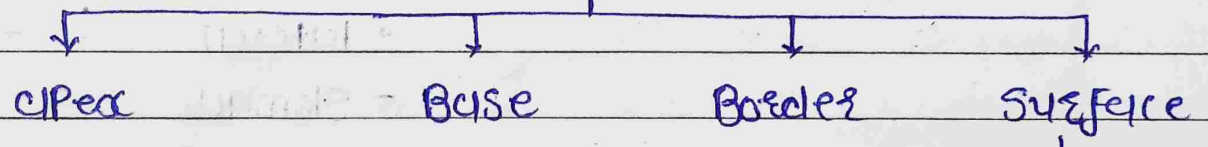
→ Diaphragm

Inf → upper pole of
Right kidney

→ upper pole of
left kidney

• Visceral Relation

Right adrenal
(pyramidal)



- Related to
Base area
of liver

- lies on
upper
pole of
kidney

- ant.
- medial
- lateral

Anterior

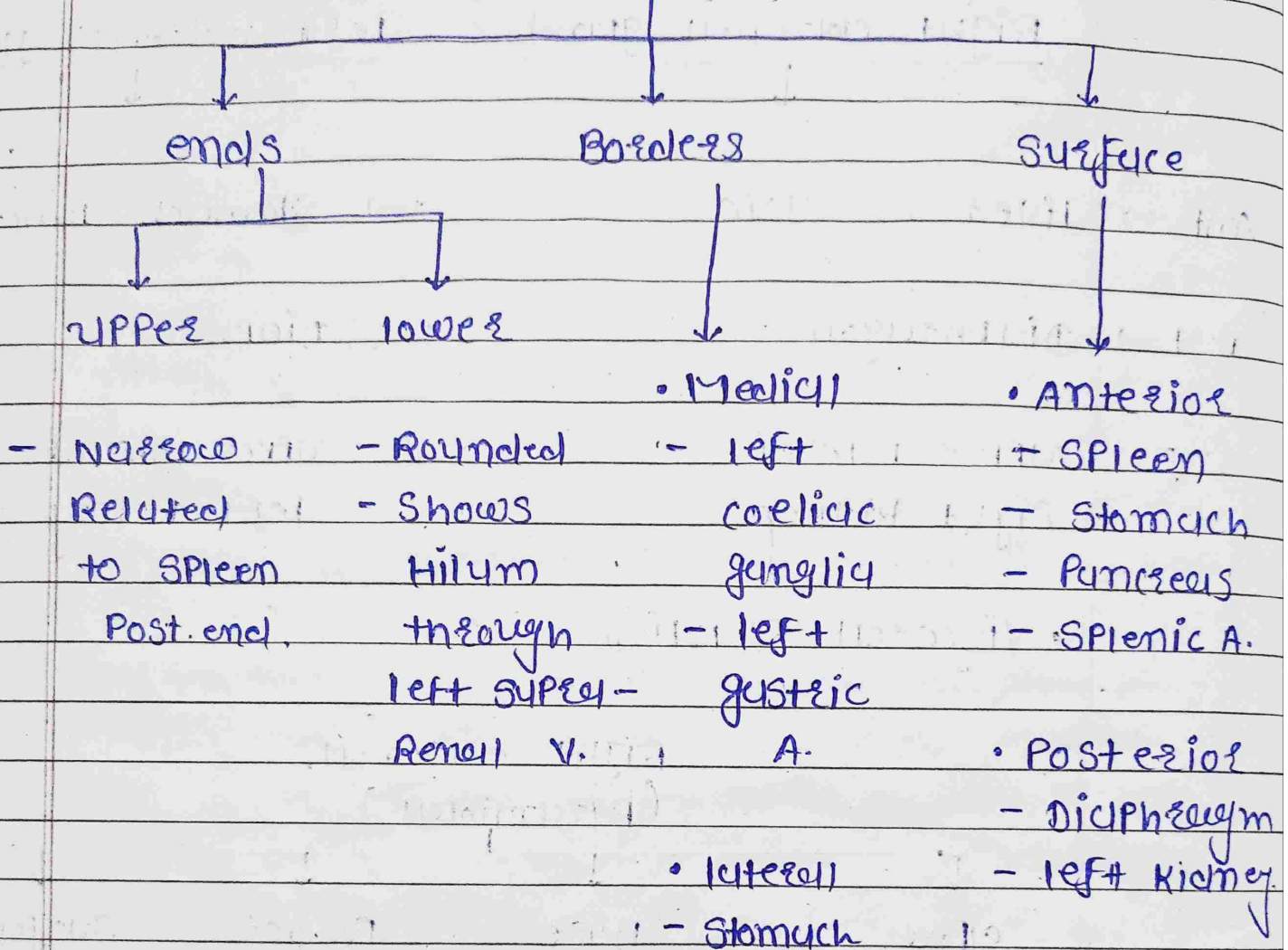
Posterior

↓
- IVC
- Base of
liver

↓
- Right
crus of
Diaphragm

Duodenum

left adrenal (semilunar)



→ Blood supply :- SUP. SUP. renal A. → Inf. Phrenic
Middle SUP. renal A. → abdominal A.
Inferior SUP. renal A. → renal A.

→ venous drainage → Right SUP. renal V. → IVC
left SUP. renal V. → left renal V.

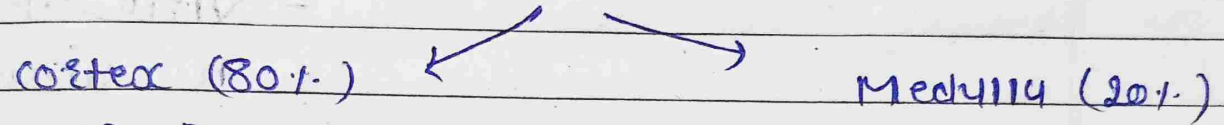
→ Nerve supply → Preganglionic sym. fibres

→ Lymphatic → celiac lymph node

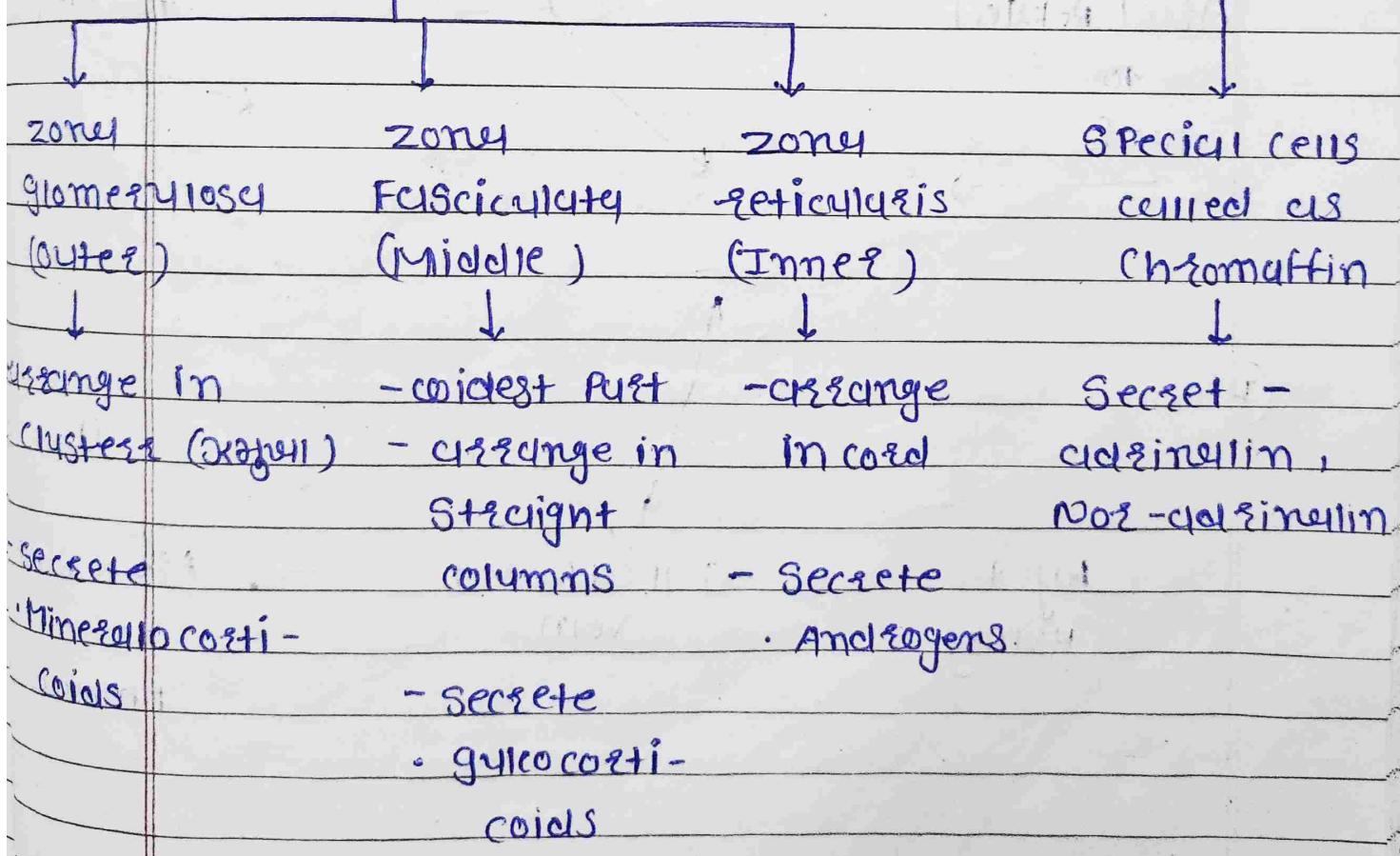
→ Hormon Secretion → cortisol
 → Aldosterone
 → Androgens
 Adrenall
 Medull → Adrenallin (epinephrin)
 → Noradrenallin (Nor-epi)

→ Histology -

Adrenall cortex → 80%
 Adrenall Medulla → 20%



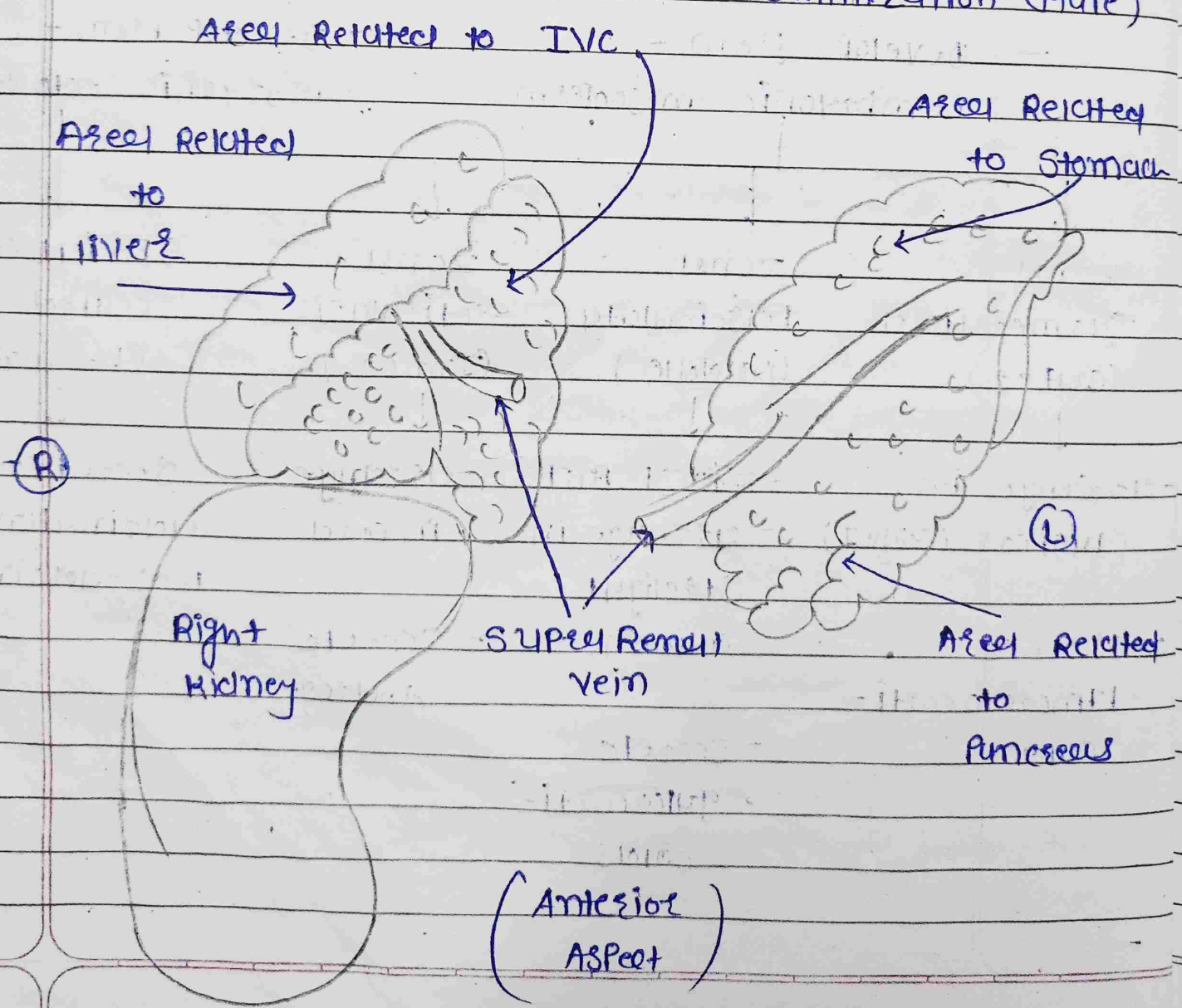
- Develop from - embryonic mesoderm - Develop from - embryonic ectoderm



→ Clinical Significance

1) Addison's Disease → Damage adrenal cortex → gland do not produce the steroid hormones
- cortisol
- aldosterone

2) excessive Secretions → various disease
- Cushing Syndrome
- Virilization (Female)
- Feminization (Male)



4) Thymus gland -

(बालवैयक्तिक ग्रन्थि)

- This is a Primary **Lymphoid** and endocrine gland
- Thymus is Heart of Immune System
- It is a first lymphoid organ where
x. Lymphocyte maturation
- Location :- SUP. Mediastinum of thorax.
 - extending above lower part of Neck
- weight = at birth → 10-15 gm
at Puberty → 30-40 gm.
- Structure = Bilobe
 - ↓
 - Right lobe Left lobe
 - each lobe divid into lobule
- covering → Fibrous capsule

→ Relations

- | | | |
|------------------------------|--|-------------------------------------|
| • Anterior
↓
- Sternum | Posterior
↓
- Pericardium
- arch of aorta
- great vessel | lateral
↓
- Lungs
- Pleura |
|------------------------------|--|-------------------------------------|

→ Histology

- chief cell is → thymic epithelial cell
- thymocytes

epithelial → epitheliocytes size morphological → divided into
TYPES 1 - 6

→ Blood supply :- Internal thoracic A.

:- Inferior thoracic A.

→ Veins :- left brachiocephalic vein

:- Internal thoracic vein

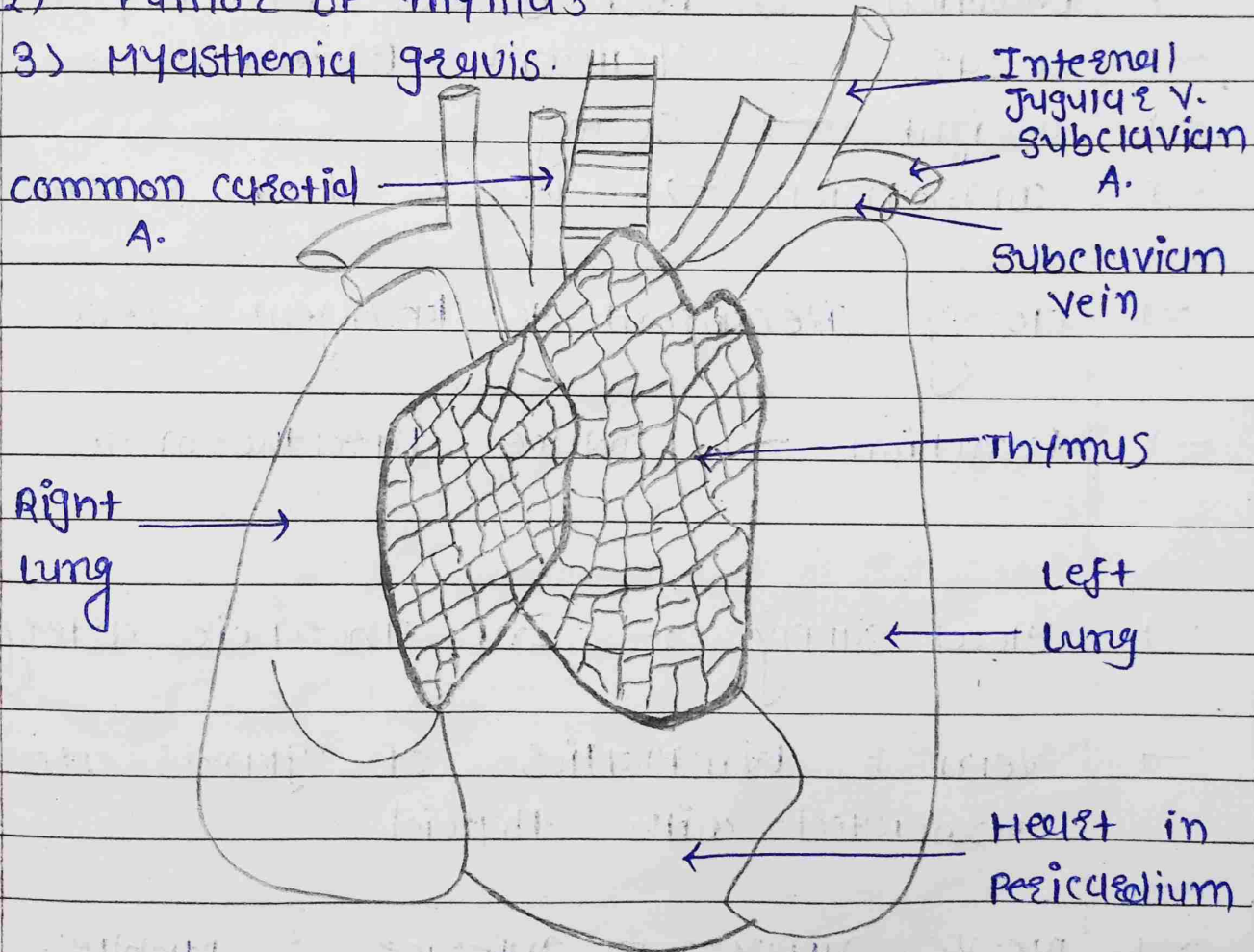
→ Nerve :- Sympathetic fibres → thoracic ganglion
Purely symp. → vagus.

→ In adult Much of its substance is replaced by fat & fibrous tissue. But thymic tissue never disappears completely

→ Functions :- thymosin → T cell Maturation
& :- thymopoietin → Immune
Hormones. Regulation
:- thymulin → Immune competence

→ ~~Hormones~~ secreted →
clinical anatomy

- 1) thymic enlargement
- 2) tumor of thymus
- 3) Myasthenia gravis.



[Ant. aspect]

5) Parathyroid gland —

[परा कवु गंयि]

- 2 pair of gland
 - i) Superior x 2
 - ii) Inferior x 2
- Location → Post. Border of thyroid gland
- colour → Yellowish - Brown
- weight → 50 mg
- dimension → 6 x 4 x 2 cm
- closely Recurrent to laryngeal nerve.
- Function → Produce Parathormone ↑ es. Ca^{+2} level.
- Blood supply :- Inf. Thoracic artery
- vein & lymphatics of glands are associated with thyroid.
- Nerve supply - Superior & Middle cervical ganglion.

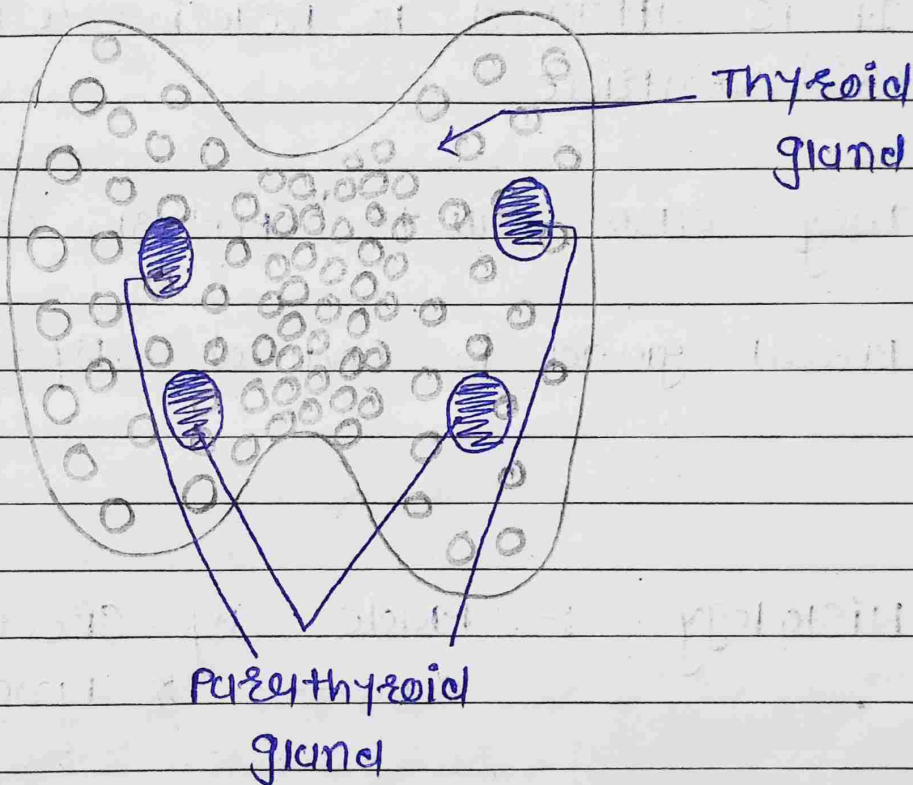
→ clinical anatomy -

1) HYPO - Parathyroidism → muscle spasm

2) HYPeR - Parathyroidism → Bone pain

Renal Stone

3) thyroidectomy



6) Pineal gland -

[एन्डोक्रिन ग्रन्थि]

- Small endocrine gland
- Location :- In epithalamus.
- It is attached to posterior wall of the 3rd ventricle
- They also called "epiphysis cerebri"
- Pineal gland is covered by → connective tissue
- Histology :- Made by specific secretory cell → Pinealocytes
 - ↓
 - Separated from one another by neuroglial cell.
- Function :- Secrete - Melatonin
 - ↓
 - sets body's biological clock.
 - It cause change in skin colour.

→ Hormon secretion → melatonin

→ Relation

Anterior → 3rd ventricle

Posterior → Mid Brain

Superior → corpus callosum

Inferior → Quadrigeminal Plate

→ Blood supply → Post. cerebral a.

→ Venous drainage → Drain into great cerebral vein

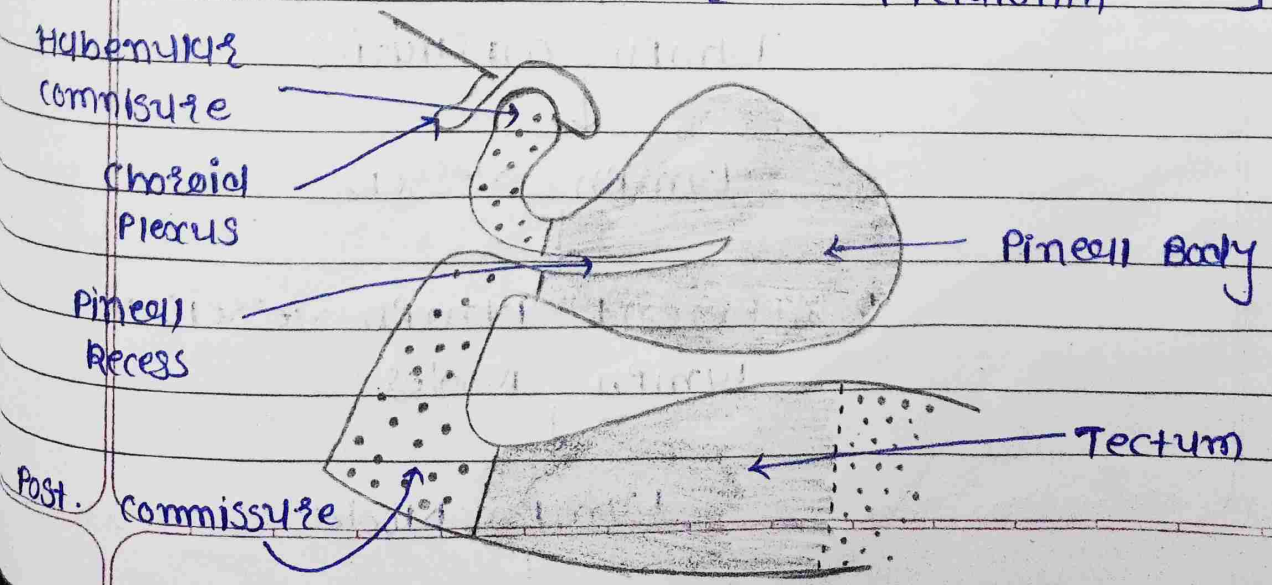
→ Nerve supply → Superior cervical ganglion

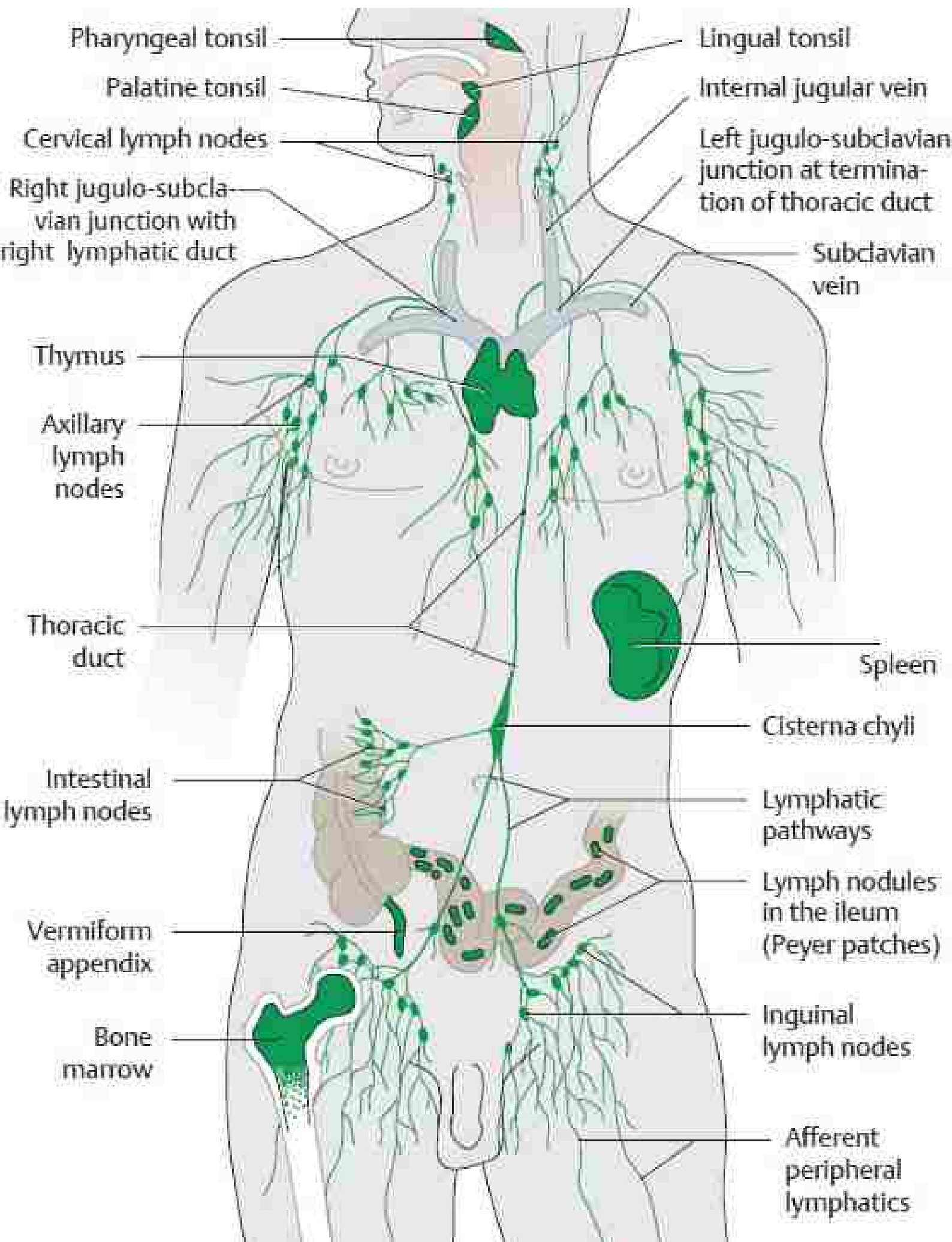
→ Clinical Anatomy

1) Pineal tumor

2) Sleep disorders

Due to disturbed melatonin

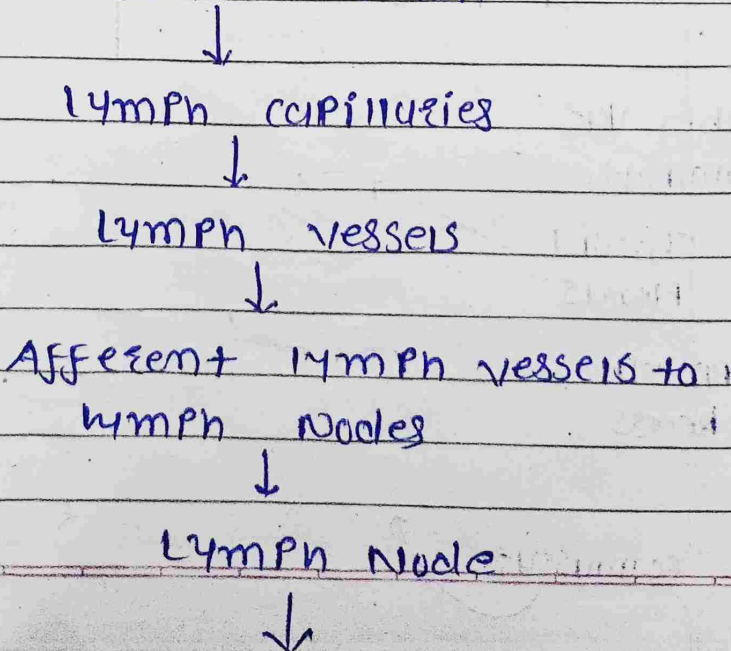




Lymphatic System =

- The lymphatic system is a circulatory system made up of lymph vessels, which are much like blood vessels.
- It drains extra fluid (called lymph) that has passed out of the blood and into tissue and returns it back to the blood.
- Lymph :- a clear, watery fluid that carries WBC, nutrients & waste through body via the lymphatic system.
- Helps to protect body against infection by providing lymphocytes and other cells.

Inter-cellular space containing
Interstitial fluid.

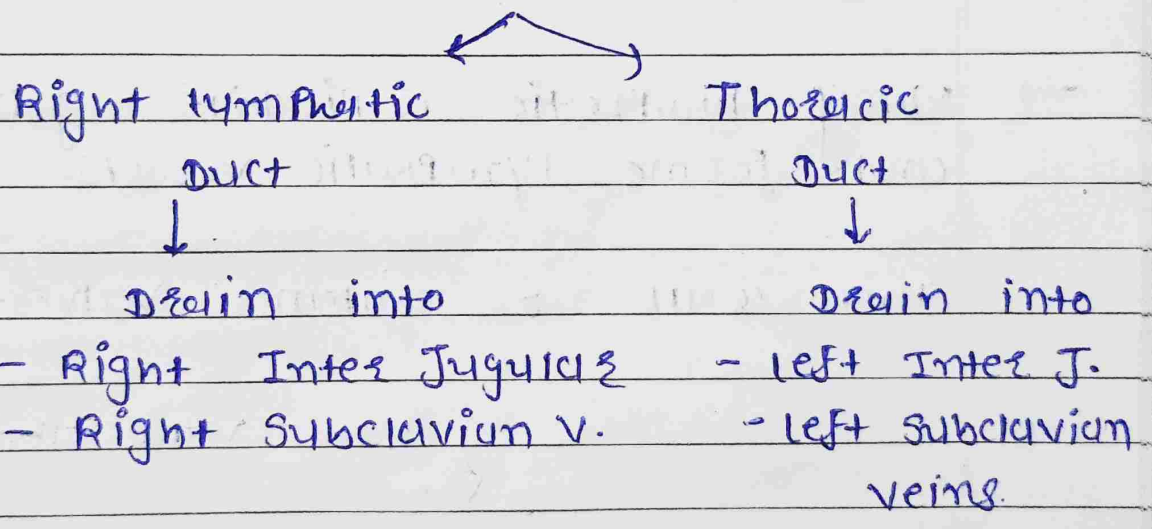


efferent lymph vessels to
From lymph node

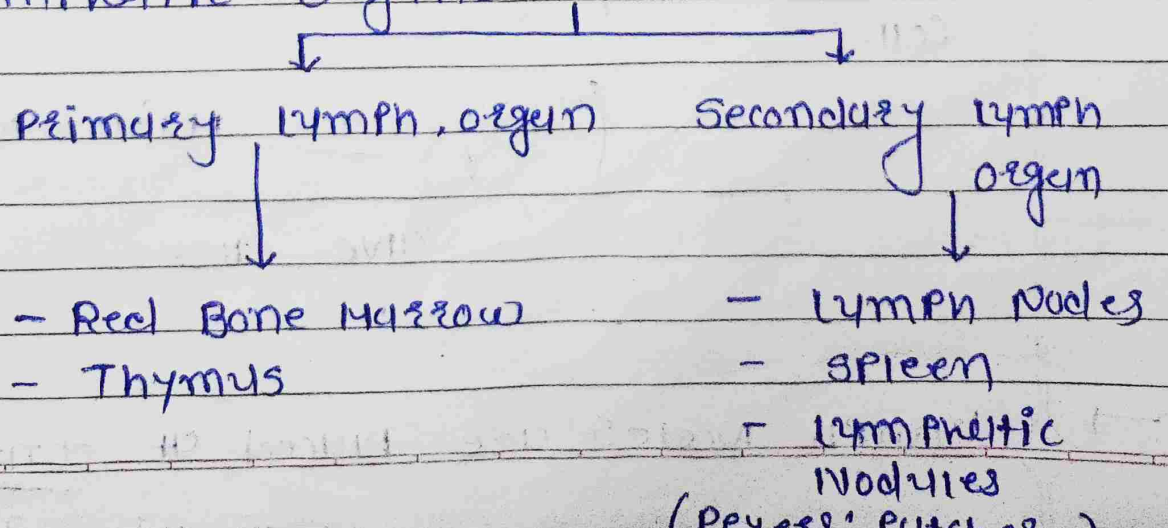
- ↓
- Lymph duct & trunk
- lumbar
 - Intestinal
 - Broncho-mediastinal
 - Subclavian
 - Jugular on either side

↓

2 large duct are formed



→ Lymphatic organs -

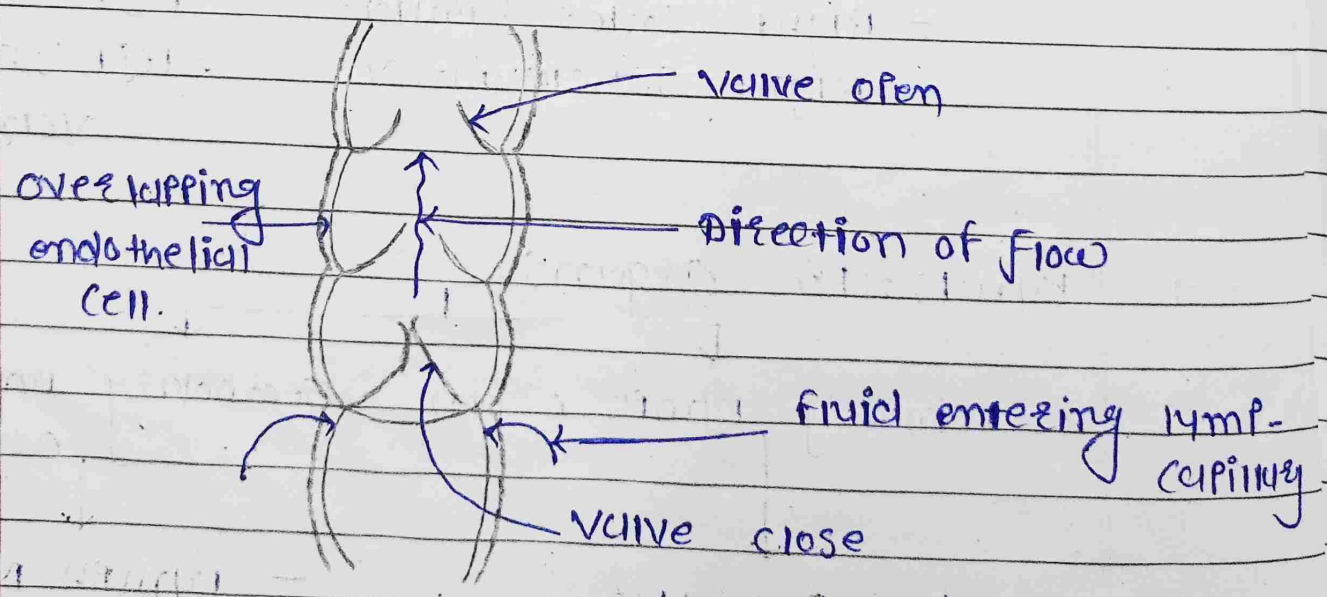


1) Lymphatic capillaries (लसिकाकेवाहक)

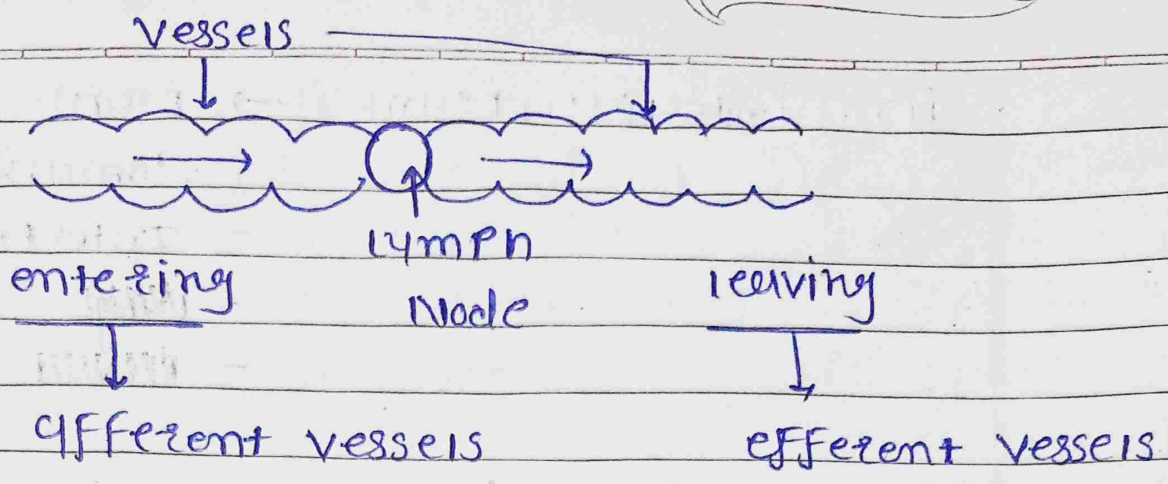
- Thin walled, closed ended and present in the space b/w cells.
- No lymphatic capillary -
 - epidermis
 - Hairs
 - Nails
 - cornea
 - Bone marrow
 - CNS etc--

2) Lymphatic vessels (लसिकावाहनी)

- Many lymphatic capillaries join together and form lymphatic vessels.
- Thin wall & contains valves.



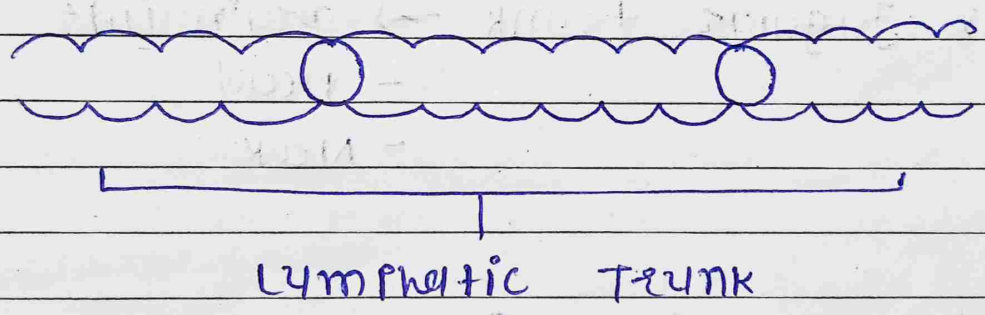
→ Lymph nodes are placed at intervals
जो पक्षेत्र नी वरत



→ circ. to space piece.

- Superficial lymph vessels
- Deep lymph vessels.

3) Lymphatic Trunk.



→ vessels coming out the nodes join together and form lymphatic trunk.

- i) Lumbus Trunk :- Drain into
- lower limb
 - pelvic wall
 - abdominal wall
 - kidneys
 - suprarenal glands.

ii) Intestinal trunk → Drain into -
- Stomach
- Intestinal wall
- ~~WINGS~~ Part of liver
- ~~WINGS~~ Puncta
Spleen.

iii) Broncho-mediastinal Trunk → Drain into
- Thoracic wall
- Lungs
- Heart

iii) Subclavian Trunk → Drain into
- Upper limb

iv) Jugular trunk → Drain into
- Head
- Neck.

⊛ Lymphatic Duct -

→ each trunk drain into great terminal vessels -

- 1) Thoracic Duct ori. left lymphatic duct
- 2) Right lymphatic duct.

1) Thoracic Duct

&

Left Lymphatic Duct
(दाहकण्ठ)

- It is tubular structure, largest lymph vessels.
- Length :- 45 cm.
- Diameter :- 2-3 mm.
- Located to lower part of Neck to upper part of abdomen.
- In upper part of abdomen → Begins as continuations of cisterna chyli
- In lower part of Neck → ends by opening b/w left subclavian & left internal jugular vein.
- Here drains lymph in to venous blood.

• Cisterna chyli =

- Place → L2 vertebral.
 - Behind the clarty (Right side)
 - near to right crus of Diaphragm
- Receives lymph from → Right & left Lumbal Trunk, Intestinal trunk.

→ It is enlarged lymphatic sac 5-7 cm long.

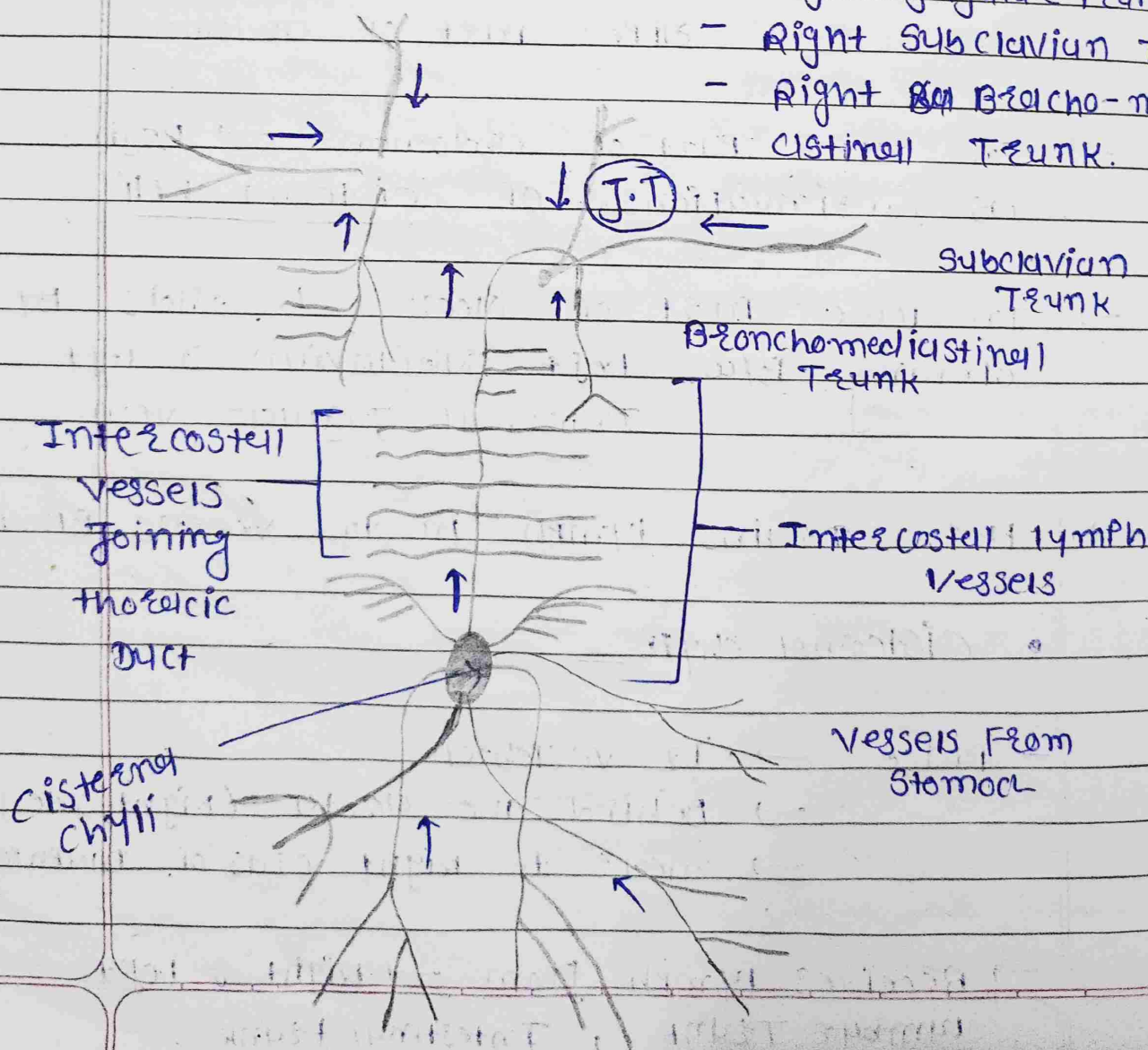
2) Right Lymphatic Duct

→ Length is 1.25 cm

→ opens at the Junction of Right Interojugular and Right Subclavian vein.

→ Receives lymph from —

- Right Jugular Trunk
- Right Subclavian Trunk
- Right Broncho-mediastinal Trunk.



* Lymph Nodes — —

(अतिरिक्त अणु)

→ Each lymph node consist of a connective tissue network and numerous lymphocytes.

→ Bear shape gland

→ Length :- 1 to 25 mm

→ 600 lymph nodes are found in body

→ Specially its group present —

- axilla
- Neck
- Knees.

• Capsule —

- lymph nodes are covered by capsule made up to collagen fibres.

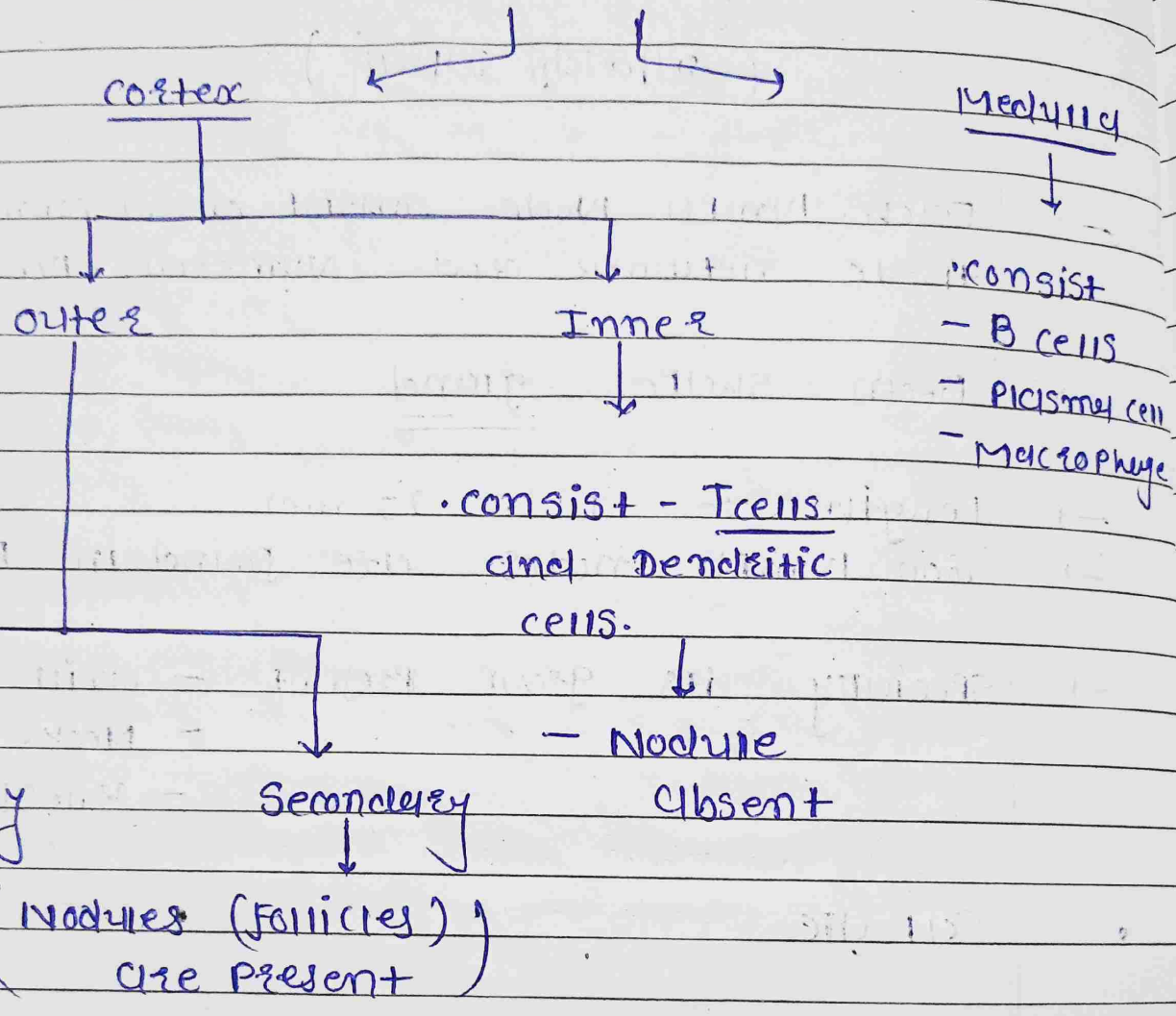
• Microscopic structure — —

1) Structure of lymph node

- capsule of lymph node enter the substance

Node ← divide Trabeculae ← Form

2) Puzenchyma of lymph nodes -
- Divided into 2 part



Clusters of B cells.

→ Lymphatic vessels of lymph node.

afferent → enter the lymph node
 efferent → leaving the lymph node
 (Small pit called Hilum)

→ Lymphatic sinuses.

- Lymph enters the node channels called sinuses.

- contain → 1) Network of Reticular ^{Fibres} ~~sinus~~
 2) Lymphocytes
 3) macrophages.

- Acc. to location

1) Subcapsular → located internal to capsule.

2) Trabecular → Present parallel to trabecula.

3) Medullary → Present the Medulla.
 sinus

Superficial group of lymph node Deep group of lymph node

1) Superficial inguinal lymph node.

- Skin
- lower limb
- Perineum
- external genital organs
- umbilicus

↓
 Drain to Deep fascia.

2) axillary lymph node

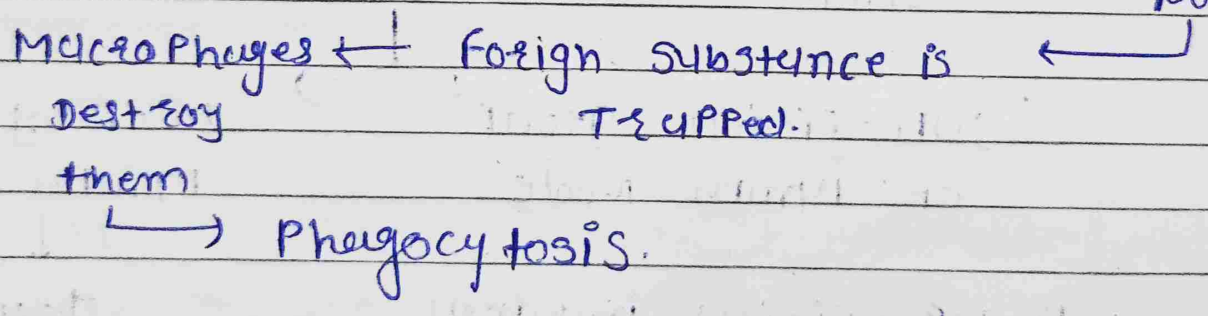
- SKIN of upper limb
- TRUNK above the umbilical
- CLAVICAL REGION
- DISTAL half of NECK

3) cervical lymph nodes

- SCALP
- FACE
- NECK

→ Function of lymph node

1) filter for lymph → lymph enters lymph node



2) lymph node produce B & T cells.

→ Important lymph nodes

1) axillary lymph node

- 20-30 in number

- 6 group.

i) anterior & pectoral group

ii) posterior & subscapular group

iii) lateral group

iv) central group

v) Infra-clavicular & deep pectoral

vi) apical group

2) Cervical lymph node

↓
Superficial

- Submental

- Mandibular

- Submandibular

- Parotid (Preauricular)

- Mastoid (Postauricular)

- Occipital

- Superficial cervical nodes

↓
Deep

- Pre-laryngeal

- Pre-tracheal

- Para-tracheal

- Retropharyngeal

3) Pse-crotic & Para-crotic

- | | | | |
|--|--|---|--------------------------------------|
| <ul style="list-style-type: none"> - celiac - Sup. Mesenteric - Inf. Mesenteric | <ul style="list-style-type: none"> - kidney - Adrenal gland - Reproductive system - abdominal wall | } | Interst. 0-21
lymph
lymph node |
|--|--|---|--------------------------------------|

• Other Lymphatic Tissue

- 1) Palatine tonsils
- 2) Pharyngeal tonsils
- 3) Peyer's Patches.

• Lymphatic Nodule

- egg shaped masses of lymphatic tissue which are not surrounded by capsules.
- lining the - GIT, urinary system, Reproductive & Respiratory system
mucous membrane

→ MALT Mucosal associated lymphatic tissue

* → Thymus & spleen are completely made to lymphoid tissue

• Clinical Anatomy

1) elephantiasis → enlargement and hardening of limbs or body parts due to swelling in tissue
- due to obstruction of lymphatic vessels.

2) enlarged supraclavicular lymph nodes → commonly observed
- tuberculosis
- Hodgkin Disease
- cancer of Breast, chest and arm

* Spleen —

* Thymus —

* Spleen :-

PAGE NO:

DATE:

- Spleen is a lymphatic organ connected to blood vascular system
- Act as a filter for blood and plays an important role in immune response for body.

- Location :- Mainly in left Hypochondrium and partly Epigastrium.
- Shape :- Wedge shape (tetrahedral shape)

- Dimension :- Soft, highly vascular and dark purple in colour.

:- on average :-
2.5 cm thick
7.5 cm broad
12.5 cm long

- Position :- Lie obliquely along the long axis of 10th Rib.

make an angle of 45° with horizontal plane :- Directed - downward, forward and laterally.

- External Feature :-

i) Two Ends

a) Anterior or/ lateral end :- expanded and is more like base

- Directed :- downward and forward

b) Posterior or/ Medial end :- Round

- Directed :- upward and backward.

ii) Three Borders :- anterior end

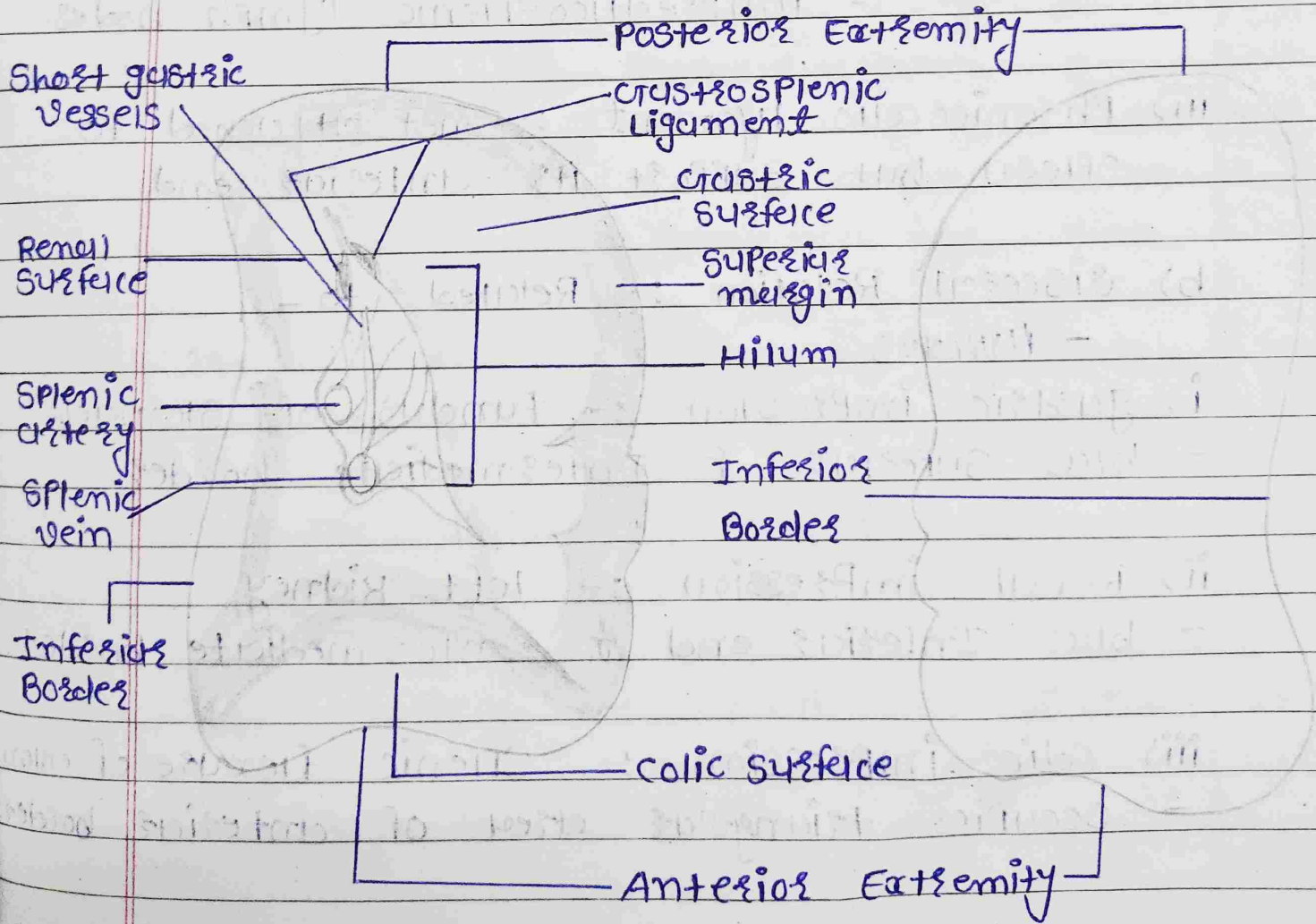
- a) Superior - characteristically notched neck
- b) Inferior - Rounded
- c) Intermediate - also Rounded.

iii) Two Surface :-

- a) Diaphragmatic :- convex & smooth.
- b) Visceral :- concave & irregular.

iv) Hilum :-

- Lie b/w superior and Intermediate Borders.
- Pierced By branches and tributaries of Splenic vessels.



[Spleen, visceral & diaphragmatic surface]

Relations

a) Peritoneal relations :- Spleen is surrounded by peritoneum and suspended by ligament.

i) Gastrosplenic ligament :- extend from Hilum of spleen to greater curvature of stomach
 - contain :- Short gastric vessels
 :- Lymphatic & Sympathetic nerve

ii) Lienorenal ligament :- extend from Hilum of spleen to anterior surface of left kidney
 - contain :- tail of pancreas
 :- Splenic vessel.
 :- Pancreaticosplenic lymph nodes.

iii) Phrenocolic ligament :- not attached to spleen but support its anterior end.

b) Visceral Relation :- Related to -
 - Fundus

i) Gastric impression :- Fundus of stomach
 - btw superior & Intermesicte border.

ii) Renal impression :- left kidney
 - btw Inferior end & Intermesicte border

iii) Colic impression :- Splenic flexure of colon.
 - Occupies triangular area of anterior border.

iv) Pancreatic impression :- tail of pancreas.
- b/w Hilum and colic impression.

v) Hilum :- lie of Inferomedial part of gastric impression.

- Transmits :- Splenic vessel and nerve
:- Provide attachment to -
gastrosplenic and lienorenal ligam.

c) Diaphragmatic Surface

- Related to diaphragm.

- which separated the spleen from pleura and lung.

- Arterial supply :- Splenic artery branch of coeliac trunk
:- Splenic artery is tortuous in its course to allow movement of spleen
- Venous Drainage :- Splenic vein branch of SMV.
- Lymphatic Drainage :- Splenic tissue proper has no lymphatics.
- Nerve supply :- Sympathetic fibres from colic plexus.

• clinical emelctomy

i) Pulpation of spleen :- A normal spleen is not palpable. An enlarged spleen can be felt under the left costal margin. The spleen becomes palpable only after it has enlarge to about twice its normal size.

ii) Splenomegaly :- enlargement of spleen.

iii) Splenectomy :- Surgical Removal of the spleen.